

PHYS4150 — PLASMA PHYSICS
LECTURE 7 - ADIABATIC INVARIANTS

Sascha Kempf*

G135, University of Colorado, Boulder

Fall 2020

1 ADIABATIC INVARIANTS

The presence of adiabatic invariants is actually a common phenomenon, which has been studied extensively in classical mechanics. Here we follow *Landau & Lifschitz* and consider a one-dimensional finite motion, where λ is a parameter describing a very slow change of the system. Here, slow means slow compared to the period T of the cyclic motion, i.e. $T\dot{\lambda} \ll \lambda$. Now, because λ is slowly changing, so is the energy E of the system, where $\dot{E} \sim \dot{\lambda}$. This implies that the change of energy is a function of λ , from what follows that there is a combination of E and λ , a so-called *adiabatic invariant*, which remains constant.

Now let $H(p, q; \lambda)$ be the Hamiltonian of such a system, where again λ is the parameter characterizing the slow change. Then,

$$\frac{dE}{dt} = \frac{\partial H}{\partial t} = \frac{\partial H}{\partial \lambda} \frac{d\lambda}{dt}.$$

Now we average over one cycle T and assume that $\dot{\lambda}$ does not change on this time scale

$$\overline{\frac{dE}{dt}} = \frac{d\lambda}{dt} \overline{\frac{\partial H}{\partial \lambda}}.$$

Now,

$$\overline{\frac{\partial H}{\partial \lambda}} = \frac{1}{T} \int_0^T \frac{\partial H}{\partial \lambda} dt,$$

*sascha.kempf@colorado.edu

and using that $\dot{q} = \frac{\partial H}{\partial p}$ we obtain

$$\overline{\frac{\partial H}{\partial \lambda}} = \frac{1}{T} \oint \frac{\partial H}{\partial \lambda} \left(\frac{\partial H}{\partial p} \right)^{-1} dq.$$

By further noting that

$$T = \int_0^T dt = \oint \left(\frac{\partial H}{\partial p} \right)^{-1} dq$$

we get

$$\overline{\frac{\partial H}{\partial \lambda}} = \frac{\oint \frac{\partial H}{\partial \lambda} \left(\frac{\partial H}{\partial p} \right)^{-1} dq}{\oint \left(\frac{\partial H}{\partial p} \right)^{-1} dq},$$

and thus

$$\frac{d\overline{E}}{d\lambda} = \frac{d\lambda \oint \frac{\partial H}{\partial \lambda} \left(\frac{\partial H}{\partial p} \right)^{-1} dq}{\oint \left(\frac{\partial H}{\partial p} \right)^{-1} dq}.$$

We have assumed that λ is constant along the integration path, which implies that $E = H(p, q; \lambda)$ is constant as well. Differentiating H with respect to λ gives

$$0 = \frac{\partial H}{\partial \lambda} + \frac{\partial H}{\partial p} \frac{\partial p}{\partial \lambda},$$

and thus

$$\frac{\partial H}{\partial \lambda} \left(\frac{\partial H}{\partial p} \right)^{-1} = -\frac{\partial p}{\partial \lambda}.$$

After substituting this expression into our expression for the change of the mean energy we get

$$\frac{d\overline{E}}{d\lambda} = -\frac{d\lambda \oint \frac{\partial p}{\partial \lambda} dq}{\oint \frac{\partial p}{\partial E} dq},$$

or

$$0 = \oint \left(\frac{\partial p}{\partial E} \frac{dE}{dt} + \frac{\partial p}{\partial \lambda} \frac{d\lambda}{dt} \right) dq = \frac{d}{dt} \oint p dq.$$

This result implies that the *adiabatic invariant*

$$\boxed{I = \frac{1}{2\pi} \oint p dq} \quad (1)$$

remains constant even when the parameter λ is changing slowly. I is actually the area

enclosed by periodic path of the system in the phase space.

1.1 *Example: Harmonic Oscillator*

As an example lets us consider a harmonic oscillator, which has the Hamiltonian

$$H = \frac{p^2}{2m} + \frac{1}{2}m\omega^2 q^2.$$

The system's path describes an ellipse with the semi-major axes $\sqrt{2mE}$ and $\sqrt{2E/m\omega^2}$, and the area

$$A = 2\pi\sqrt{2mE}\sqrt{2E/m\omega^2} = 2\pi\frac{E}{\omega}.$$

This implies that the oscillator has an adiabatic invariant

$$\boxed{I_{osc} = \frac{E}{\omega}}, \quad (2)$$

which is conserved even when the oscillator's mass or k varies.